



TAKE OUT

MENU

BREAKFAST

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|--|-------|--|---------|
| ● WHOLE MILK PORRIDGE & HONEY | £4 | ● SMOKED CRISPY BACON | £6.50 |
| | | <i>avocado, roasted tomato, ciabatta</i> | |
| ● TRADITIONAL BREAKFAST | £9 | ● BREAKFAST WRAP | £6.50 |
| <i>local bacon and sausage, fried egg, hash brown, baked beans, roasted tomato, mushrooms, toast</i> | | <i>sausage, bacon, egg, tomato relish, cheese</i> | |
| ● (V) VEGGIE BREAKFAST | £9 | ● 4 OZ SIRLOIN STEAK | £10.50 |
| <i>sausage, fried egg, roasted tomato, hash brown, mushrooms, baked beans, toast</i> | | <i>roasted tomato, two fried eggs, spinach, fries</i> | |
| ● (VG) VEGAN BREAKFAST | £9.50 | ● FRITTATA | £4.50 |
| <i>avocado, tender stem broccoli, baked beans, roasted tomato, mushrooms, sweet potato falafel</i> | | <i>eggs, cheddar, feta, pepper, spinach, onion, potato</i> | |
| | | ● BREAKFAST SANDWICHES | from £5 |
| | | <i>a selection of breakfast sandwiches</i> | |

BRUNCH OPEN TOASTIES

Served on crusty white, granary or gluten free toast

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| ● SMOKED SALMON | ● (V) POACHED EGGS |
| <i>scrambled egg, chives</i> | <i>avocado, seeds, chilli flakes, tomato relish, rocket</i> |
| ● (V) GRILLED HALLOUMI | |
| <i>roasted mushrooms, chilli jam, rocket</i> | |
- ALL £8.50

HOT MELTS

toasted ciabatta or tortilla wrap

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| ● (V) GRILLED HALLOUMI | £6 | ● 4 OZ SIRLOIN STEAK | £8 |
| <i>green pesto, tomato, rocket</i> | | <i>mustard mayo, fried onions, rocket</i> | |
| ● CHICKEN ZINGER | £6.50 | ● ROAST CHICKEN | £6.50 |
| <i>cheddar, tomato relish, mayo, baby gem</i> | | <i>cheddar, smoked bacon, onion relish, rocket</i> | |
| ● 36 HR MARINATED JERK CHICKEN | £6.50 | ● FISH FINGERS | £6.50 |
| <i>reggae sauce, lettuce, cheddar</i> | | <i>tartar sauce, baby gem</i> | |
| ● (VG) 3 BEAN CHILLI | £6.50 | ● PLOUGHMANS | £6.50 |
| <i>avocado, rocket, baby gem, tortilla wrap</i> | | <i>roasted ham, cheddar, sweet pickle, onion, baby gem, tomato, (white crusty, granary or wholemeal toasted)</i> | |

ASK ABOUT OUR DAILY SPECIALS

COLD SANDWICHES

white crusty - granary - wholemeal - baguette - ciabatta - tortilla wrap - GF bread

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| ● ROASTED HAM
mustard mayo, salad | £5 | ● ZINGER CHICKEN
chilli jam, salad | £6 |
| ● MATURE CHEDDAR CHEESE
caramelised onion jam, coleslaw, baby gem | £5 | ● (V) FREE RANGE EGG MAYO
salad | £4.50 |
| ● SMOKED SALMON
lemon mayo, black pepper, rocket | £6 | ● (VG) AVOCADO
tomato relish, baby gem, red onion, rocket | £6 |
| ● CORONATION CHICKEN
mango chutney, baby gem | £6 | ● (VG) HUMMUS
falafel, chilli jam, salad | £6.50 |
| ● ROASTED CHICKEN
smoked bacon, honey and mustard dressing, rocket, baby gem | £6 | ● TUNA MAYO
red onion, baby gem | £5 |

CREATE YOUR OWN SANDWICH FROM £4.50

PLATES AND BOWLS

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| ● CRISPY FRIED CHICKEN
rice or fries, mini corn, chunky slaw, baby gem, chilli flakes, sweet chilli sauce | £9 | ● SMOKEY CUBAN STEAK CHILLI
sour cream, jalapenos, rice or fries | £9 |
| ● 36HR MARINATED JERK CHICKEN
chunky slaw, reggae sauce, smokey fries or rice | £9 | ● (V) (VG) MEAN BEAN CHILLI
sour cream, cheese, rice or fries | £7.50 |
| | | ● LOADED FRIES
smoked bacon, melted cheese, bbq sauce | £7.50 |

SALADS

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| ● ROAST CHICKEN
smoked bacon, free range egg, house salad, honey and mustard dressing | £8 | ● (VG) SWEET POTATO FALAFEL
avocado, hummus, sun dried tomato, olives, house salad | £8.50 |
| ● (V) GRILLED HALLOUMI
green pesto, tender stem broccoli, beetroot, house salad | £8 | ● (V) FRITTATA
(eggs, cheddar, feta, pepper, spinach, onion, potato) house salad, coleslaw | £8 |

DELI FRIDGE & SIDES

subject to availability and homemade where possible

homemade chunky slaw - £2.50 house salad and dressing - £3.50 seasoned fries - £3.50 olives - £2
tender stem broccoli - £4 halloumi - £4 hummus - £3 sweet potato falafel - £4 handmade sausage roll - £2.50
handmade scotch egg (plain or chilli & garlic) - £3 handmade jumbo samosas (vegetable or lamb) - £2.75

- BUILD YOUR OWN SANDWICH, SALAD BOWL OR PASTA

We offer catering services for your meetings or gatherings,
featuring delicious options from our freshly stocked deli.

www.lunchicatering.com

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Lunchi on Facebook

Call us to preorder your takeout: 0121 233 3765